



gottaFeeling iphone app—**Alicia Morga**

Scientifically validated technology created by HeartMath shows how emotions affect our health, well being + performance—**April Souza, HeartMath**

HealthJournal: Platform for rapid creation of customizable mobile self-monitoring solutions  
**Elina Mattila (and others)**

Let's organize an Lifestyle-Wide Association Study—**Esther Dyson**

Hacking into my heart device's data  
**Hugo Campos, Kyle Machulis**

Why Limit Yourself to Your Self? Weave your alter egos into life.—**James Tindall**

How do we make 10<sup>8</sup> Personal Scientists?  
**Matthew Cornell**

Project HealthDesign advances a vision of personal health records (PHRs) as springboards for action and improved health decision-making.  
**Patricia Flatley Brennan, Gail Casper**

Personal Beasties: taming the beasties within  
**Paula Murgia**

Can Twitter make you fit?—**Ted Vickey**

The Active Desk: A 2.5 Year Journey of Walking and Working—**Ernesto Ramirez**

Tracking data sucks—**Mischa Serlin**

Helminth (Intestinal Worm) Therapy to Treat Crohn's Disease—**Sean Ahrens, Nikolai Kirienko**

Muse: Memories Using Email  
**Sudheendra Hangal**

Fluidinfo: a single-instance hosted storage platform—**Terry Jones**

Debugging My Health Concerns—  
**Thomas Blomseth Christiansen**

Living Profiles: Redefining a personal health record for teens with chronic conditions  
**Tina Park (and others)**

Real Social Networks: The Importance and Difficulty of Capturing Face to Face Interactions—**Alex Loewi**

Simple Memory: Those I emailed the most from 2004 to 2010—**Amy Martin**

Body Track: Open Source tools to capture and explore data on various activities over time  
**Anne Wright**

Do your medications work?—**Avik Basu**

Sleep Improvement using Zeo Sleep Monitor  
**Christine Peterson**

Proactive Sleep—**Daniel Gartenberg**

The "Stress Meter" and other applications of a generalized data tracking and analysis platform—**Dave Marvit and others**

Predictive Health With Hydrosense: Inferring health condition at home with water pressure sensing—**Edison Thomaz**

Sophia's World: Lifelog a collective self  
**Karen Herzog, Richard Sachs**

Innertube: Your Personal Informatics Dashboard—**Ian Li**

A Stage-Based Model of Personal Informatics Systems—**Ian Li**

Various Projects—**Ian Li**

Empowering Patient and Care Team with Self-Tracking—**Uwe Heiss**